

TROPICS

BAR & GRILL

LUNCH

APPETIZERS

Glazed Chicken Wings spicy teriyaki sauce	13
Chinese Duck Spring Roll Lettuce Wraps Thai pineapple mint sauce	13
Coconut Crusted Shrimp mango cocktail sauce, lemon	15
Hoisin Baby Back Ribs sesame seed, watercress, won ton chips	15
Fruit Bento seasonal fruits, yogurt, banana nut muffin	15
Portuguese Bean Soup island watercress, cabbage, ham hocks	9

SALADS

Tropics Mixed Green Salad local tomatoes, cucumbers, caramelized macadamia nuts, goat cheese crostini, lehua honey dijon vinaigrette	10
Vegan Gado Gado Salad tofu, snow peas, carrots, cucumbers, chick peas, tomatoes, coconut-peanut dressing	14
Chinese Kalua Chicken Salad crispy rice noodles, ginger vinaigrette	14
Waikiki Cobb Salad grilled chicken, applewood smoked bacon, sliced avocado, blue cheese, paniolo ranch dressing	16
Seared Ahi Salad Waimanalo greens, edamame & hijiki, crispy rice paper, wasabi ponzu vinaigrette	18

FLATBREADS & SANDWICHES

Garlic Cheese Flatbread mozzarella, pecorino, roasted garlic, caramelized Maui onions	12
Hamakua Mushroom & Big Island Goat Cheese Flatbread island herbs, evoo	14
Italian Sausage & Pepperoni Flatbread mozzarella, tomato sauce	14
Rock Shrimp & Mojo Verde Flatbread	16

Kalua Pulled Chicken Breast Sandwich whole wheat bun, golden raisin & cabbage slaw	14
Ham & Swiss Cheese Melt hoagie roll, golden raisin & cabbage slaw	14
Roast Beef & Provolone Sandwich hoagie roll, caramelized Maui onions, golden raisin & cabbage slaw	14
Grilled Island Fish Sandwich whole wheat bun, LTOP, golden raisin & cabbage slaw	16

Tropics Burger

15

LTOP, caramelized Maui onions, pickled olives

choice of: whole wheat, cheddar cheese or jalapeño bun and cheddar, swiss or american cheese

All Sandwiches and Burgers are served with French Fries

LOCAL SPECIALTIES

The Morning After Saimin	16	Furikake & Beer-Battered Fish & Chips	16
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